



COVID-19 UPDATE | August 5, 2020

What you need to know

As we continue to manage through the COVID-19 pandemic, Kaiser Permanente is committed to making sure our customers have the latest information. When we receive updates, we will ensure you receive any information that may impact KP members. This is a challenging time for everyone, and Kaiser Permanente is here to support you with news and information to manage your Kaiser Permanente plan.

Next Normal at school

School and district leaders are tasked with managing the evolving health concerns and regulations around reopening. The ability of schools to proactively address the health needs of students, staff, and teachers will be a critical input for school operations, attendance, and ultimately, learning.

To support them, Kaiser Permanente has partnered with over 30 trusted school health organizations to create the [Planning for the Next Normal at School Playbook](#). This new [Playbook](#) seeks to equip school and district leaders across the nation with specific, evidence-informed, starter plays to put systems into place that keep school communities mentally and physically safe — while addressing the complex needs of students, staff, teachers, and families.

Staying current on immunizations

At a time when many parents are concerned about exposing their young children to the novel coronavirus, some are postponing or even canceling appointments to vaccinate their children against childhood diseases. Dr. Mark Salzman, regional lead, pediatric infectious diseases, with Kaiser Permanente Southern California addresses the importance of keeping up to date with vaccinations for children, in this [article](#).

Do children need to wear a mask?

Dr. David Bronstein, a pediatric infectious disease specialist at Kaiser Permanente shares some important information about kids and wearing masks. Even though kids are much less likely than adults to become seriously ill with COVID-19, they can still spread the virus to other more vulnerable people in their family and in their community. Just like the rest of us, it is recommended that kids over the age of two wear a mask when they go out. [Video](#).



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Covid-19 and pregnancy: What you need to know

Expectant moms and families no doubt may have many questions about pregnancy, delivery and newborn care with COVID-19 in the mix. A series of videos and [Q&A](#) are available on kp.org to answer their questions and put their minds at ease.

Training the next generation of physicians, health advocates

On July 27, The Kaiser Permanente Bernard J. Tyson School of Medicine its inaugural class of 50 students began their journey to become outstanding clinicians and advocates for change within the medical profession and in society.

Located in Pasadena, California, the school's curriculum is built on the 3 pillars of biomedical science, clinical science, and health systems science. Students will learn in settings that range from the school's technology-enhanced classrooms to hospitals, outpatient facilities, and community-based, federally qualified health centers. Equity, inclusion, and diversity are woven into all aspects of the school's design, and student well-being is built into the school's fiber with a dedicated course focused on building resilience skills; sessions with a clinical psychologist; and robust academic support.

Kp.org is a valuable resource for information and member communications, as well as their link to any telehealth services. Encourage your employees who are KP members to register on kp.org.

<https://healthy.kaiserpermanente.org/register>.

For **facility updates** and re-openings, see www.kp.org/careoptions/scal. For updates in each region, select your region from the drop-down menu at the top of any kp.org page, then scroll to the Getting Care section.

Spanish language also available.

Requests for Testing: Members should call the Appointment and Advice Call Center prior to visiting a facility for testing. They will be instructed to the most appropriate care.