

Maximize Your Benefits

TIPS TO MAKE YOU A SMART UNITED CONCORDIA CUSTOMER

1. Don't just find a dentist, find your dentist!

Develop a relationship with a dentist you can trust. Ask around to get a good referral. You can go to **UnitedConcordia.com** for a list of participating dentists. Receiving care from a network dentist means less out-of-pocket costs for you.

2. Schedule cleanings and exams every 6 months.

Regular dental care will keep you healthier overall and decrease your risk for diseases, such as gum disease and oral cancer.

3. Understand your dental coverage.

Don't just read it, know it! Be sure to review all paperwork that you receive regarding your dental coverage.

4. Manage your benefits.

No matter where you are, you can manage your benefits online or on your smart phone with My Dental Benefits. Visit **UnitedConcordia.com** and sign in to My Dental Benefits. Or, download our member app. We make it easier to manage your dental benefits.

5. Ask questions.

Get to know your dentist! If you have questions about your treatments, don't be afraid to ask. Some treatments may have alternative options that result in lower out-of-pocket expenses.



Being an informed consumer will help you get the most out of your dental benefits.

Visit **UnitedConcordia.com** for more dental health tips.