

Health & Welfare E-Newsletter



Brought to You By:

Labor Alliance

Managed Trust Fund

Happy New Year! Labor Alliance Managed Trust Fund wants to help make sure that **2016** is your family's healthiest year ever!

New Year = New You

In This Issue:

- *UnitedHealthcare Introduces new Rally Digital Health & Wellness Program*
- *Kaiser Permanente Announces Opening of New Downtown Los Angeles Hope Street Medical Offices*
- *Stat Doctors is Now Teladoc & Your First Visit is FREE*

UnitedHealthcare Introduces Rally Wellness Program



Achieving our health goals is a journey and often it's not easy. That's why UnitedHealthcare is introducing **Rally**, a new, **FREE digital health and wellness experience!**

- Discover your **Rally Age** - a new way to measure your health
- Receive personalized health tips
- Earn chances to win rewards for taking healthy actions
- Get full access to your personal health records

[Watch Intro to Rally Video Here](#)

Kaiser Opens New LA Office



Kaiser Permanente announces the January opening of their new **Downtown LA Hope Street Medical Offices** located in the heart of Downtown Los Angeles in the Bank of America Building.

- **Primary Care Clinic:** Offering *Family & Internal Medicine, OB/GYN, Physical Therapy, Nurse Clinic, Limited Blood Draw & General X-Ray*
- **Open Monday - Friday, 7 am to 5 pm**
- **Features separate Kaiser-On-the-Job Occupational Medicine suite on site**

[Get Map & Flyer Here](#)

StatDoctors is Now Teladoc

Who wants to sit in a crowded waiting room when they feel sick? Now you don't have to!

Once registered with Teladoc, you have board-certified doctors available 24/7/365 to provide

quality care through the convenience of phone or video consults. ***Your First Visit is Free!***

After that, your copay is the same as you pay to see your regular doctor.



- Register with Teladoc using link below
- Request a consult from work or home
- A doctor will call you back in 16 minutes, on average
- Teladoc physicians can treat your: ***Cold & flu symptoms, Allergies, Bronchitis, Urinary tract infection, Pink eye, Respiratory infection, and more!***

[Register for Teladoc Here](#)

Click Here to
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IMPORTANT NOTICE:

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